Welcome to the new year for CIAND! My name is Kate Beard, and I am the district president for this coming year 2019-2020.

Registration is now open for this year! With a low annual membership of $37 (that’s only $2.50-$5 per CEU), volunteer opportunities, leadership roles, scholarships, networking, and more – I highly recommend renewing your membership this year. If you have not been a CIAND member in the past, this is an exciting year to join especially considering recent licensure on July 1st! (Check out the photos in this newsletter to see how CIAND members celebrated this momentous occasion.) Signing up to be a member is EASY, you can sign up online via our website (https://bit.ly/2M1sn1h) or at our kickoff event in September. We have some great educational events planned this year, from our kickoff on food insecurity, an outdoor fall fest, and a special maternal/infant topic on breastmilk.

A huge thank you to Past President Laura Martin and last year’s board for a series of great continuing education events. A warm welcome to our new board members, Katy Maher, Amanda Kruse, Beth Metzler, Allison Keller and Jennifer Heilman. Their bios and headshots are included in the newsletter so you can get to know them!

Staying in touch with CIAND is as simple as 1, 2, 3!

1. Add our email address (centraldieteticassociation@gmail.com) to your “contact” list so we don’t get filtered to your spam folder.
2. Follow us on Facebook at @CentralINAcademy.
3. Check out our website (https://bit.ly/2MSityJ) to get even more info on CIAND.

I look forward to seeing you for our kickoff event! Please feel free to reach out to me at any time at kate.b.rdn@gmail.com with questions, suggestions, or comments. Thank you for supporting the Academy!

In Health,
Kate Beard, MA, RDN, CSP, CD
Central IN Academy District President
After 25 years of pursuit, Indiana Dietitian Licensure is now in effect. This is a great step in protecting our scope of practice!

“States’ professional licensing laws help consumers identify who is a qualified practitioner to provide a particular set of specified services...This means protecting against unsafe or inaccurate nutrition advice or interventions that may lead to poor or even dangerous health outcomes — and unnecessary, expensive products or services.”

https://www.eatrightpro.org/advocacy/licensure/professional-regulation-of-dietitians#importance

All “Certified dietitians” (CD) will transition to “Licensed dietitians” (LD). Renewal and continuing education will remain the same.

Click the link below to see the notice from Indiana Professional Licensing Agency, or apply for the first time!

https://www.in.gov/pla/diet.htm

Thank you to those who have paved the way to Indiana licensure for RDs!

Registered Dietitians in Central Indiana gathered at Sun King in Carmel on July 1st, 2019 to celebrate and commemorate the day.
WELCOME NEW BOARD MEMBERS

AMANDA KRUSE [[NATIONAL NUTRITION MONTH CHAIR]]

Amanda is the Associate Manager, Nutrition Science & Professional Affairs Heartland Food Products Group, supporting the SPLENDA brand portfolio. She is a graduate of Michigan State University and is currently completing a MS in Communications, specializing in Integrated Communication and Advertising. Amanda previously worked as the Operations Manager + Marketing Coordinator for Indianapolis Public Schools. In addition to volunteering on various Academy of Nutrition and Dietetics committees, Amanda enjoys working with the Brewers of Indiana Guild as well as traveling with her boyfriend, Zach, and their dog, Pisce.

JENNI HEILMAN [[NOMINATING COMMITTEE]]

Jenni has worked at IU Health Home Care as a clinical dietitian for the past 2 years. Previously, she was a Cystic Fibrosis dietitian in Pittsburgh, which was a wonderful experience. She and her husband moved back to the Indy area to be closer to friends and family and have enjoyed every minute. In her free time, she enjoys outdoor activities, traveling and “DIY” projects.

ALLISON KELLER [[NOMINATING COMMITTEE]]

Allison has been a clinical dietitian for the past 3 years and can confidently say “I love what I do!” She covers multiple units at the hospital including Peds/PICU, NICU, and adult post-op. In her free time, she enjoys cooking, reading, and spending time with family and friends. She also loves traveling and getting the opportunity to explore new places. Allison is excited to be a part of the current CIAND board and is looking forward to many fun events this year with fellow dietitians.

KATY MAHER [[CPI-ELECT]]

Katy is the Campus Dietitian with Bon Appetit at Butler University. She lives in Indianapolis with her family and can be found riding her bike with her toddler in tow, or playing beach volleyball with her friends. As CPI-Elect, Katy will be involved in programming and continuing education for CIAND. (CPI — Counsel for Professional Issues).
VOLUNTEER OPPORTUNITY [(SATURDAY, OCT. 19TH)]

IAND IS PARTNERING WITH THE GIRL SCOUTS FOR

CIRCLE THE CITY

Save the Date to Volunteer

OCTOBER 19TH, 2019
INDIANA STATE MUSEUM
650 W WASHINGTON ST
INDIANAPOLIS, IN 46204

For any additional questions, email Anna Busenberg at
ajbu@indnet.com

Circle The City
Volunteer Sign Up:
https://bit.ly/2ZX1hf1

CIVILITY PLEDGE

Join IAND and The Academy as we make a statement for professionalism and conduct!

IAND WANTS YOU TO TAKE THE PLEDGE

https://tinyurl.com/yancwyyv

Help foster camaraderie among our professional community
Life Event
Graduation
Recent Travel
Conference Attendance
Job Postings
Volunteer Opportunities
Family additions

THE FUTURE OF SCHOOL NUTRITION IS BRIGHT, THANKS TO OUR INTERNS

EDITOR’S NOTE

Thank you for your involvement in CIAND. You are the vitality of our membership, educational meetings, and networking opportunities.

We would not exist without you who have built up our district over the years and you who are new faces that join every year!

Please reach out to me or any of your CIAND 2019-2020 board members for any questions or considerations.

Beth L. Metzler, MS, RDN, CD
bethellcessor@gmail.com

Congratulations!

Anna Busenburg, RDN, CSP, CD, on being selected to present on “Getting Pumped About Human Milk” at FNCE this year!

Johnathon Isbill, BS, Master’s Student & Dietetic Intern at Ball State University. Congrats on completing your rotations at Beech Grove City Schools, Schneck Medical Center, and Diabetes Youth Foundation of Indiana.

Kate Beard, MA, RDN, CSP, CD on your house purchase.

Holly Crozier, MS, RD, CD on your new baby boy.

Job Postings:
https://eatrightin.org/jobs/