

Reserve the dates & join us for our meetings this fall / winter 2015-

Wednesday, September 23, 6 pm, Central Park, 295 E Mishawaka Ave, Mishawaka, IN 46544.
Network and walk the River Walk. We will discuss a physical activity based journal article. Article to be provided prior to meeting. 2 CEUs.

Plan B for inclement weather- article discussion at Mishawaka Chocolate Café, 117 S Main St, Mishawaka, IN 46544

Thursday, October 22, 5:30 pm, Elkhart General Hospital (Boardroom), 600 E Blvd, Elkhart, IN 46514. Todd Wolff, DVM a speaker for the National Pork Board with discuss how pork is raised and how it fits into a healthy diet. Dinner will be provided. Networking and dinner will start at 5:30 with the presentation beginning at 6 pm.

Thursday, December 3, 6 pm, B.A.B.E store (next to South Bend WIC clinic), 325 N Lafayette Blvd, South Bend IN, 46601. We will participate in Adopt-A-Family for the holidays and have a present wrapping and pizza party. More information will be provided in November about the family and the gift list.