Please report any practitioner who is practicing in the state of Indiana without state certification.

Please report practitioners and licensees who violate the code of ethics of the Academy of Nutrition and Dietetics and/or the standards of practice of the Indiana Dietitian Certification Board.

These are examples of potential harm that can affect clients who are counseled by individuals who do not meet the certification criteria in Indiana:

1. Direct patient harm
   a. Client with congestive heart failure advised to use sea salt instead of regular salt.
   b. Client is counseled to change diet, medication, and begin supplements without review of previous medical records and laboratory values.
   c. Client with diabetes advised to discontinue insulin and fast to reduce blood glucose levels.

   Each of these scenarios place the client at risk for hospitalization and additional health concerns.

2. Financial harm
   a. Recommendation for unproven supplements or weight loss treatments
   b. having to pay for additional healthcare to correct the physical and emotional harm caused by a dangerous treatment recommendation

3. Issues recommendation in direct conflict with evidence-based MNT:
   a. Cancer patient, under treatment, who is advised to eat only raw fruits and vegetables resulting in weight loss and protein deficiency
   b. Practitioner who is not certified sells high protein supplements to a patient with advancing kidney disease
   c. Potential food drug interaction is ignored when an uneducated practitioner recommends grapefruit for weight loss to a client who takes Zocor.

4. Failure to refer to licensed professional or hospital when clinically appropriate

Note: These are examples of harm that have occurred in other states and are shared from other state affiliates of the Academy of Nutrition and Dietetics.