President: President Elect:

Shelby Preston

3700 Washington Ave

Evansville, IN 47750

(W) 812-485-4098

swillis@iamtouchpoint.com

Beth Blair

6211 E Waterford Blvd

Evansville, IN 47715

(812) 760-9472

bethblairRDN@gmail.com

 Immediate Past President: Kelli Robertson

 Secretary: Sarah Dietz

 Treasurer: Haley Hester

**Save the Date for Additional CEU’s**

Day at the Statehouse

February 17, 2020

Location: Indianapolis, IN.

**Spring Meeting**

**April 3rd and 4th, 2020**

Location: Indianapolis Convention Center

,

Partnership between ASPEN & IAND for Malnutrition Awareness Week

 Sept. 23-27th

 Social Media Chair:Sarah Murray

 Nominating Committee: Emily Morehead, Kramer Ahrens

 Teller Committee: **Seeking members**

 Public Policy Chair: Kendra Houchins

**SWIAND Goals for 2019-2020**

* Optimize the health of the Southwest

Indiana community

* Increase student attendance at each SWIAND meeting
* Increase member participation

**Any Health Care Professional is welcome to attend meetings by paying a program fee of $10.00 per 1 hour CPE received.**



 [**www.eatrightin.org**](http://www.eatrightin.org/)

**User name: Your Academy number**

**FNCE 2019**

October 26-29th

Philadelphia, PA

**Southwest Indiana Academy of Nutrition & Dietetics**

**SWIAND**

**2019-2020**

Dear Members,

Hello and welcome! It is time to get ready for another year of SWIAND meetings. I know we all get super busy but we have some great programs planned for this year and we tried a few different days and times to help accommodate!

Benefits of SWIAND meetings include:

* Meet and network with other dietitians
* Earn CPEs at a very low cost
* Expand your nutrition knowledge and learn about areas outside of your daily practice
* Discover nutrition services, opportunities, and needs in the Southwest Indiana area
* Volunteer for opportunities to promote health and nutrition in your community

I want to thank everyone who has helped this busy working momma of 2 dietitian! I hope to see all of you at the meetings this year! I encourage you all to please invite a dietitian who has not been involved with SWIAND to join us!

Beth Blair RDN

President Elect

**Tuesday,**

**September 17th, 2019**

4:00 PM -5:30 PM

Join us for an evening Meet & Greet and discussion regarding Community Nutrition by Lacy Wilson!

**Location: Pangea Kitchen**

111 S Green River Rd. Evansville IN. 47715

**Speaker:** Lacy Wilson, RD Purdue Extension

Lacy is a local dietitian who is the current coordinator of NEP school and community wellness project. She works at the Vanderburgh Country Purdue Extension office and has a passion for helping the community to live a healthier lifestyle.

1 CPE hour

**February 6th, 2020**

Time TBA

**Topic:** USI Student research presentations

**Speaker:** USI Students

**Location:** University of Southern Indiana

 8600 University Boulevard
 Evansville, IN 47712

CPE hours will be available

**Thursday,**

**October 10th, 2019**

2:30 PM – 5:00 PM

**Topic:** Continuous Glucose Monitor

**Speaker:** Rafat Fields, Abbott Diabetes Care

**Topic:** Bariatric Nutrition

**Speaker:** Debbie Pfeiffer

**Location:**  Select Specialty Hospital

 400 S E 4th Street

 Evansville, IN 47713

2 CPE hours

**Thursday,**

**March 19th, 2020**

2:30 PM – 5:00 PM

**Topic: Kitchen Zen**

**Speaker:** Robin Mallery has a background as a cardiovascular and diabetes nurse, coupled with her passion for teaching kitchen Zen techniques are a powerful combination to not only break down the myths that cooking from scratch is too time consuming or too expensive but also that plant based meals are nourishing and delicious! Sample some flavors from dishes from locally grown produce. Possible guest that may come be her sous chef, her husband Dr. John Mallery, VA cardiologist

**Location**: Meeting Room 5, St. Vincent’s

3700 Washington Ave, Evansville, IN 47750

2 CPE hours

**Thursday,**

**November 7 , 2019**

11:30am- 1:30PM

Join us for aLunch and Learn: USI Quantity Food Kitchen Teaching Theatre in Action!  11:30 AM – 1:00 PM

**Location:** USI Health Professions Center, 3rd Floor, south end, HP 3026

SWIAND Business Meeting to follow, 1:00 PM – 1:30 PM, HP 3127

**Location:**  University of Southern Indiana, 8600 University Boulevard, Evansville, IN 47712

1.5 CPE hours

**May 2020**

**TBA**

**Topic:** Tour at the new St. Vincent’s Ortho Hospital

**Topic:** possible pediatric nutrition presentation

**Location:** St. Vincent’s Ortho Hospital

3700 Washington Ave, Evansville, IN 47750

CPE hours will be available