## CIAND Board Meeting Agenda

### Location:
Zoom online meeting

### Date:
Thursday, August 13th, 2020

### Time:
6:00 - 7:00 pm EST

### Attendees:
Kasey Voeller, Jeff Ketcham, Jessica Oakes, Karen Emminger, Erin Marie Sills, Katy Maher, Kate Beard, Alexandra Bledsoe, Jessica Hoffman, Michaela Stemle

### Agenda details:

1. **Welcome**

2. **Old Business**
   a. Approve July Meeting Minutes
      i. Motion to approve July meeting minutes- Kate
      ii. Seconded- Jessica

3. **Financial Review** – Jeff
   a. Treasurer’s Report
      i. We did pay out the $200 that we agreed on for Cooking Matters, which came out of this year’s budget
      ii. The current checking account balance is: $15,008.13
      iii. We don’t have any dues in so far. We’ve received a few of the memberships for board members. Remember that officers who get their membership comped: click “pay by check” and then don’t send a check
      iv. The budget is located in Google Files for board members to view
      v. The membership form is available on the IAND website in the district section

4. **Programming** - Katy/ Jessica
   a. Kick-off scheduled for September 22 from 6-7:30 pm
      i. It will be the Covid panel with: Debbie- Dialysis, Jessica- Long Term Care, Jeff- Food Service, Jessica- Inpatient, Amanda- K-12
ii. Goodie bags will be sent out with miscellaneous items, such as: coupons, pop sockets, pens, gummies, etc.
   1. Jessica might hand deliver some of the bags to save on postage and Kasey can help deliver also
iii. We are to be approved for 1.25 CEUs
iv. Michaela will create a facebook event and some sort of graphic and Kate will work on creating a shortened URL for the sign up
v. We are not going to do a raffle for the kick-off event since we are doing goodie bags

b. Fall Meetings- either in person or virtual
   i. October- We are hoping to have Katie Hake do a presentation on intuitive eating with a yoga class
   ii. November- Practice Better or some other EHR program that can speak to private practice and how their programs work

5. Newsletter/Past President- Kate
   a. Newsletter
      i. Almost done and should be complete by the end of this week
   b. Monthly Zoom Journal Clubs
      i. Since everyone in CIAND is a member of the Academy and receives an Academy Journal, Kate suggested starting up a monthly or bi-monthly journal club on Zoom. An article will be picked from the Journal to read and then members can jump on a quick 30 minute Zoom call and answer the discussion questions together
      ii. This is an easy way to earn CEUs, stay up to date, and promote the Academy
      iii. Kate will head this up and will put some days on the calendar, as well as get them listed in the newsletter
   c. Standing Rules/Bylaws Update
      i. The bylaws haven’t been updated since 2017 and the standing rules haven’t been updated since 2015
      ii. Kate, Amanda and Jeff have volunteered to work on both the bylaws and standing rules to get them updated

6. Scholarship - Erin Marie
   a. Info was provided to Kate to put in the newsletter and a link to the applications will also be listed on the website
   b. Applications for RDs will be in around November and applications for students will be due in the Spring

7. Social Media- Michaela
   a. We now have an Instagram Account: @CentralINAcademy

8. National Nutrition Month- Amanda
   a. No new updates
9. **RD/ Student Partnership**- Jessica O  
   a. We’ve talked about having RD/Student partnership, but an RD/new RD partnership option might also be beneficial to our members  
   b. If you are interested in being a mentor, please email jessicaoakes93@gmail.com

10. **Beginning of Year Review**- Kasey  
   a. **Membership Form/Information/Point of Contact**  
      i. **Membership Lists**- the lists are a month or so late so they will be getting to us soon. We will put the membership form on Facebook and social media.  
   b. **Networking Ideas**  
      i. Virtual trivia or virtual jeopardy, or Virtual dinner and a movie using Netflix’s screensharing  
         1. Our virtual networking event will be in September or October, most likely in October  
   c. **Website updates**  
      i. IAND will finish final edits and it will go live in September. All board information will be behind a sign in, so hopefully this will help with all the phishing/ spam emails we get  
   d. **FNCE**  
      i. FNCE is virtual and at a much discounted price  
   e. **IAND Diet Manual Editors**  
      i. The Diet Manuel is still looking for editors. If you’re interested in helping, please reach out to Kasey and she will connect you with the right people  
   f. **Day At The Statehouse**  
      i. Will also likely be virtual. The $100 we budgeted for this will probably be used, but if it is not, we can always repurpose it for scholarships  
   g. **Annual Meeting**  
      i. Will also likely be virtual. The tentative dates are April 22-23 and they are talking about doing two half days since it will be looking at a computer screen

11. **Next Meetings**  
   a. September 22nd- Kick Off  
   b. September/October - Networking event  
   c. **Board Meeting**- Thursday October 22nd (6-7pm)- We will use Google Hangouts for our next board meeting instead of Zoom