

# IAND

Indiana Academy of Nutrition & Dietetics

## Navigating Ethics


Annual Meeting 2021 | April 23<sup>rd</sup>

Please note: "The Academy of Nutrition and Dietetics (Academy) and Commission on Dietetic Registration (CDR) are not responsible for the provider's interpretation of the Academy/CDR Code of Ethics for the Nutrition and Dietetics Profession or its enforcement as it relates to the variation and content presented in this activity."

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### Agenda

- Review Scope of Practice & Code of Ethics
- Understanding Professional Ethics
- Ethics of Eating at the End-of-Life
- Cases of Harm
- Upcoming Webinars
- Questions



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### Scope of Practice & Code of Ethics

IAND Scope of Practice

- [See Here](#)

Code of Ethics for the Nutrition & Dietetics Profession

- [See Here](#)
- Core values:
  - Customer focus
  - Integrity
  - Innovation
  - Social Responsibility
  - Diversity



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Indiana Academy of Nutrition & Dietetics, 2021 Annual Meeting

## Professional Ethics: What are they, and what are ours?

Eric A. Sader, JD, MSW, LSW, Esq. - INDIANA UNIVERSITY

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Overview

- Ethics
- Professionalization
- Licensing
- Your Code(s)

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### What are ethics?

Systemic principles of the notions of right and wrong

### What are the major approaches?

Deontological (Intrinsic) v. Teleological (Consequentialist) v. Virtue (?)



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## Professionalization

- Ethical standards
- Special knowledge and skills
- Application for the interest of others
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- Awareness & accountability
- Dark side?



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## Licensing

- Public
- Many more details will be covered by a later panelist



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## Your Code(s)

- [830 IAC 1-5-1 Code of Ethics](#)  
(Readopted November 13, 2015, Transferred effective July 1, 2019)
  - "objectivity and respect for the unique needs and values of . . ."
  - Factors (not inclusive of sexual orientation, socioeconomic)
    - "judgment, honesty, integrity, loyalty, confidentiality . . ."
    - "shall establish performance criteria"
    - "comply with all laws and regulations"
- [National Academy of Nutrition and Dietetics](#) (Effective June 1, 2018)
  - Non-maleficence, Autonomy, Beneficence, Justice
- [Supplemental Ethical Decision-Making Model](#), [Diversity Statement](#), [Incident Reporting Tool](#)



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## What next?

- Study
- Advocate



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## Ethics of Eating at the End-of-life

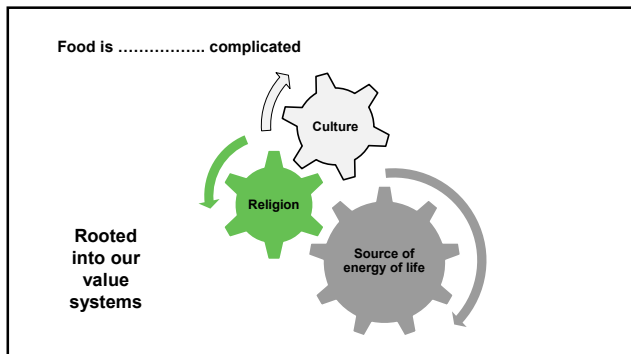


Blair Henry, D. Bioethics  
Senior Ethicist, Health Ethics Alliance  
Asst. Professor, DFCM University of Toronto

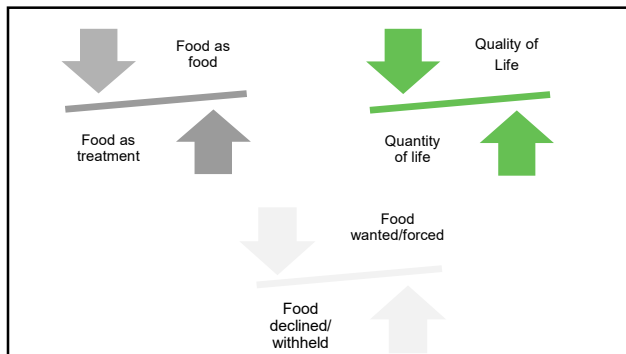
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I have no conflicts of  
interest to declare

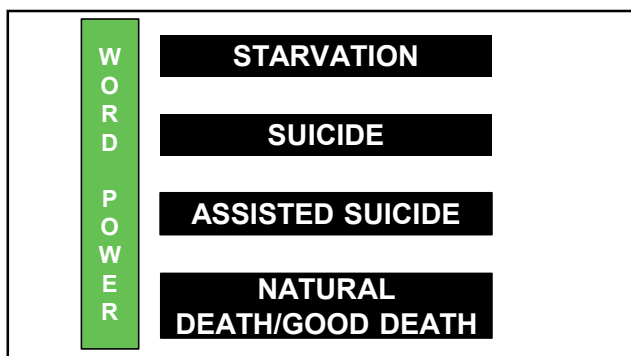
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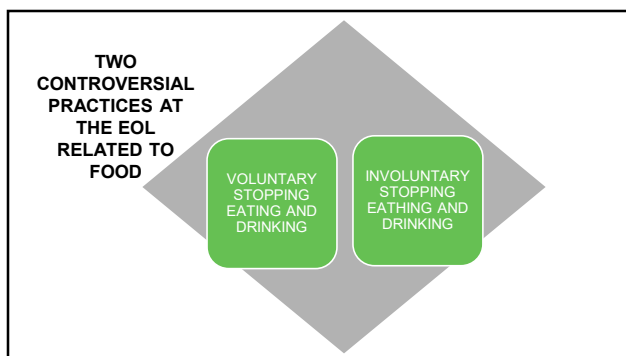
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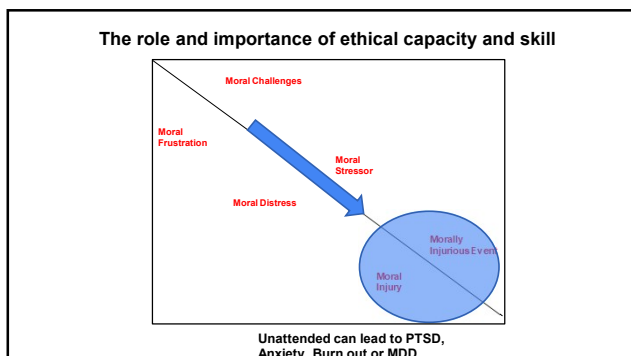
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## Cases of Harm

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### After this presentation, attendees will be able to:

- Define a case of harm
- Explain why filing cases of harm is an ethical consideration for RDNs/NDTRs
- Know how to file a case of harm



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### What is a Case of Harm?

- Nutrition misinformation or products that could harm a given individual
- Must meet these criteria:
  - The advice or product must cause harm to the client/patient
  - Must be individualized dietary advice provided for a specific health condition by a practitioner not legally able to do so
    - Difficult to determine at times
- Also report dietetics practitioners violating the Code of Ethics for Nutrition and Dietetics Practitioners



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### Case of Harm Examples

[Cases of harm information and examples on IAND website](#)

Four broad categories:

- Direct patient harm
- Financial harm
- Recommendations in direct conflict with evidence-based MNT
- Failure to refer to licensed professional or higher level of care when clinically appropriate



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### Why Should We Care About Cases of Harm?

- Protects the public
  - [Code of Ethics for the Nutrition & Dietetics Profession:](#)
    - 2.f: Report inappropriate behavior or treatment of a patient/client by another nutrition and dietetics practitioner or other professionals.
    - 4.d: Promote the unique role of nutrition and dietetics practitioners.
- Upholds RDN credential
- Helps strengthen dietitian licensure



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### How to File a Case of Harm

[Academy of Nutrition & Dietetics Incidence Reporting Tool](#)

Note: This is the only step needed to file a case of harm in Indiana. The Academy will follow-up with the Indiana Academy with submitted cases.



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### Key takeaways:

- Reporting cases of harm is an ethics requirement for dietetics practitioners
- When in doubt, submit!



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### Public Policy Webinars

- **Providing Nutrition Services via Telehealth**
  - 4/30/2021 @ Noon EST
  - 1 CPE
- **Reimbursement Basics**
  - 6/4/2021 @ Noon EST
  - 1 CPE
- **Understanding Your Profession: Licensure**
  - 6/11/2021
  - 1 CPE
  - Free for All



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### Questions?



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Thank you for  
joining us!

For further questions, contact  
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