



# Indiana Academy of Nutrition and Dietetics

# Annual Meeting 2024

## Thursday 4/11 Schedule

| TIME              | DESCRIPTION   | SPEAKER  | LOCATION  |
|-------------------|---|--|---|
| 9:00am            | Registration Opens & Exhibits   |  | 1st Floor (Registration)<br>2nd Floor (Exhibits)      |
| 10:00am - 10:05am | Welcome<br>IAND Annual Meeting Chair  | Amanda Propes, MS, RDN, LD   | Ballroom  |
| 10:05am - 11:05am | Precision Nutrition:<br>Recent Advances and Controversies<br>in Genetic Testing   | Keynote with<br>Ahmed El-Sohemy, PhD   | Ballroom  |
| 11:15am - 12:15pm | A.I. Unleashed: Shaping Dietetics in<br>the Digital Age<br><br>The Farm Bill: Implications for the<br>Food System and Dietetic Practice   | Drew Hemler, MSc, RD, CDN, FAND<br><br>Christina Badaracco, MPH, RDN, LDN  | Ballroom<br><br>President's Room                      |
| 12:15pm - 1:30pm  | Lunch, Posters, Exhibits  |  | Ballroom (Lunch)<br>2nd Floor (Posters &<br>Exhibits) |
| 1:30pm - 2:30pm   | Ultra-Processed Foods: Current<br>Challenges and Future Directions<br><br>Refeeding Syndrome<br>Through the Lifecycle   | Richard Mattes, MPH, PhD, RD<br><br>Ann Beemer Thomas, MS, RD, LD, CNSC<br>Stephanie Pritchett, RD, LD   | Ballroom<br><br>President's Room                      |
| 2:40pm - 4:10pm   | Flashtalk Spotlight: Eating Disorders -<br>from ARFID to "Diabulimia"<br><br>Best Practices for Malnutrition Screening<br>to Decrease Malnutrition Risk<br>in Community-dwelling Older Adults | Emily Welles, MS, RD, CDE<br>Victoria Wannemuehler, MS, RDN, LDN<br>Erin Hurst, MS, RDN, LD<br><br>Lauren Roberson, PhD, RD, LD<br>Hannah Boeh MS, RDN, LD | Ballroom<br><br>President's Room                      |
| 4:20pm - 5:20pm   | The Role of the RDN in<br>Incorporating Therapeutic Lifestyle<br>Interventions in Chronic Disease<br>Prevention, Treatment, and Remission   | Melissa Bernstein, PhD, RDN, LD, FAND, DipACLM<br>Kelly Freeman, MSN, RN, AGPCNP-C, DipACLM  | Ballroom  |
| 5:20pm - 6:30pm   | Networking Hour   |  | 2nd Floor   |



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## Friday 4/12 Schedule

| TIME                     | DESCRIPTION  | SPEAKER  | LOCATION                                       |
|--------------------------|--|--|--|
| <b>7:30am - 9:30am</b>   | FCCLA Breakfast Buffet   |  | <b>Ballroom</b>                                |
| <b>8:00am - 9:00am</b>   | Science to Simple: Making Nutrition Science Accessible and Practical   | Keynote with<br>Susan Kundrat, MS, RDN, LDN                          | <b>Ballroom</b>                                |
| <b>9:10am - 10:10am</b>  | Bone Health: Invest in You<br><br>Foodonomics - How Knowing More About What's In Our Food Will Lead to a New Nutrition   | Gregory M Howard, MD<br><br>Emily Hill, PhD, RDN                     | <b>Ballroom</b><br><br><b>President's Room</b> |
| <b>10:20am - 11:20am</b> | Intuitive Eating for the Everyday Athlete<br><br>The Global Malnutrition Composite Score: Improving Health Equity Through a Key Quality Care Measure in Malnutrition | Katie Hake, RDN, LD, CPT<br><br>Tamaire Ojeda, MHSA, RDN, LD         | <b>Ballroom</b><br><br><b>President's Room</b> |
| <b>11:20am - 12:45pm</b> | Lunch, Member's Meeting, Awards, Silent Auction  |  | <b>Ballroom</b>                                |
| <b>12:45pm - 1:45pm</b>  | Understanding the Power of Plant and Animal Source Foods in Sustainable Healthy Diets  | Katie Brown, EdD, RDN<br>Wendy Reinhardt Kapsak, MS, RDN             | <b>Ballroom</b>                                |
| <b>1:55pm - 2:55pm</b>   | Veg-abilities - Mushrooms are the Answer!<br><br>Diabetes Update: Collaboration in Action  | Pam Smith, RDN<br><br>Raja Hanania, RPh, CDM LDE, CDCES, BCPS, FISHP | <b>Ballroom</b><br><br><b>President's Room</b> |
| <b>3:05pm - 4:05pm</b>   | Delivering Culturally Appropriate Care: Exercising Cultural Humility in Practice   | Melinda Boyd, DCN, MPH, MHR, RD, LD, FAND                            | <b>Ballroom</b>                                |
| <b>4:05pm - 4:15pm</b>   | Closing Remarks<br>IAND Annual Meeting Chair   | Amanda Propes, MS, RDN, LD   | <b>Ballroom</b>                                |